

Spring Season Mat Class Schedule 2010

Term duration:

Monday 26th July 2010 - Friday 15th October 2010 (12 week term)

Orange Mat Room

	Monday	Tuesday	Wednesday	Thursday	Friday
9.30am	Intermediate Mat Sonia	Essential 2 Mat Jodi	Stability Ball/Adv Mat Sonia	Small Equipment Jodi	
10.30am		Small Equipment Sonia			Seniors Mat Sonia
5.30pm	Balls N Bands Sonia	Essential Plus Mat Jodi	Small Equipment Jodi	Intermediate Mat Sonia	
6.30pm	Stability Ball/Int Mat Sonia	Essential 2 Mat Jodi	Balls N Bands Jodi	Essential Plus Mat Jodi	
7.30pm	Intermediate Mat Jodi	Essential Plus Mat Jodi	Intermediate Mat Jodi		

Blue Mat Room

	Monday	Tuesday	Wednesday	Thursday	Friday
5.30pm	Small Equipment (Adv) Jodi		Small Equipment Sonia	Essential 2 Mat Jodi	
6.30pm	Essential 2 Mat Jodi	Essential 1 Mat Ronnie	Advanced Mat Sonia		
7.30pm					

This is a proposed timetable and may change if insufficient registrations are received for a particular class

Beginners class