

## Summer Season Mat Class Schedule 2010

Term duration:

Monday 8th February 2010 - Friday 30th April 2010 (12 week term)

### Orange Mat Room

	Monday	Tuesday	Wednesday	Thursday	Friday
9.30am	Intermediate Mat Sonia	Essential 2 Mat Jodi	Stability Ball/Adv Mat Sonia	Small Equipment Jodi	
10.30am		Small Equipment Sonia		Essential 1 Mat Jodi	Seniors Mat Sonia
5.30pm	Balls N Bands Sonia	Essential Plus Mat Jodi	Small Equipment Jodi	Intermediate Mat Sonia	
6.30pm	Stability Ball/Int Mat Sonia	Essential 1 Mat Jodi	Balls N Bands Jodi	Essential Plus Mat Jodi	
7.30pm	Intermediate Mat Jodi	Essential 2 Mat Jodi		Essential 2 Mat Jodi	

### Blue Mat Room

	Monday	Tuesday	Wednesday	Thursday	Friday
5.30pm	Small Equipment (Adv) Jodi		Small Equipment Sonia	Essential 2 Mat Jodi	
6.30pm	Essential 1 Mat Jodi		Advanced Mat Sonia		
7.30pm			Intermediate Mat Sonia		

This is a proposed timetable and may change if insufficient registrations are received for a particular class

**Beginners class**